1. O God, thou hast cast us off, thou hast scattered us, thou hast been displeased; O turn thyself to us again.

2. Thou hast made the earth to tremble; thou hast broken it: heal the breaches thereof; for it shaketh.

3. Thou hast shewed thy people hard things: thou hast made us to drink the wine of astonishment.

4. Thou hast given a banner to them that fear thee, that it may be displayed because of the truth. Selah.

5. That thy beloved may be delivered; save with thy right hand, and hear me.

6. God hath spoken in his holiness; I will rejoice, I will divide Shechem, and mete out the valley of Succoth.

7. Gilead is mine, and Manasseh is mine; Ephraim also is the strength of mine head; Judah is my lawgiver;

8. Moab is my washpot; over Edom will I cast out my shoe: Philistia, triumph thou because of me.

9. Who will bring me into the strong city? who will lead me into Edom?

10. Wilt not thou, O God, which hadst cast us off? and thou, O God, which didst not go out with

our armies?

- 11. Give us help from trouble: for vain is the help of man.
- 12. Through God we shall do valiantly: for he it is that shall tread down our enemies.